



Arctic Layering Guide

A SIMPLE GUIDE FOR ADULTS AND CHILDREN

1

BASE LAYER

Wicks moisture away from the skin to keep you dry and comfortable.



- Moisture-wicking
- Lightweight
- Breathable

2

MID LAYER

Insulates by trapping warm air and regulating body temperature.



- Insulating
- Retains warmth
- Soft & cozy

3

OUTER LAYER

Protects against wind, snow, and moisture while allowing breathability.



- Windproof
- Waterproof
- Weather protection
- Breathable

4

ACCESSORIES

Essential add-ons that provide extra warmth and protection.



- Warmth
- Protection
- Versatility
- Layer-friendly

5

FOOTWEAR

Keeps your feet warm, dry, and supported on icy terrain.



- Traction
- Water resistant
- Insulated
- Supportive

ARCTIC LAYERING TIPS



Dress in layers rather than one bulky outfit.



Avoid cotton next to the skin.



Make sure boots and socks are warm but not too tight.



Adjust the number of layers to the temperature, which can range between 0°C and -35°C.



Use an oil-based cream on cheeks and noses.



LAYER SMART. STAY WARM.

Adjust layers as needed to stay comfortable in the Arctic. The right combination keeps you warm, dry, and ready for adventure.

WE SUPPLY OUTER SUIT,
GLOVES AND BOOTS.